### **CTADTEDS**

JIANIENS	
All starters are served with homemade Anatolian bread <b>RED LENTIL SOUP v</b>	8.5
A traditional Anatolian/Middle Eastern classic with a modern twist	
COLD MEZE	
MIXED OLIVES vg	3.9
$\label{thm:main} \textbf{Hand-picked Mediterranean olives, marinated with herbs and olive oil}$	
HOUMOUS vg A true Middle Eastern classic with tahini, chickpeas, and garlic	8.5
drizzled in olive oil	
TABBOULEH vg	8.5
A refreshing Levantine salad made with fresh parsley & mint, bulgur, and finely chopped red onions, tossed in extra virgin olive oil with	
pomegranate seeds and a splash of lemon juice	
CACIK (Tzatziki) v	8.5
Strained yogurt with chopped cucumber and garlic. Prepared in the classic Anatolian style. Cool, creamy and always a fan favourite	
SPINACH WITH YOGURT V	8.5
Thick and creamy yogurt blended with spinach and garlic	۰.
BABA GANOUSH v Smoky grilled aubergines blended with tahini, garlic, olive oil, and yogur	<b>9.5</b> t
KISIR vg n	9.5
Tas' interpretation of Kısır - a traditional Southeastern Turkish bulgur s	
in meze style, crafted with 20 varieties of herbs, spices, and vegetables enriched with walnuts, hazelnuts, and Tas pomegranate molasses	, and
Our Choice	
ZEYTINYAGLI PATLICAN Vg	9.5
Aubergine slowly cooked in olive oil with tomatoes, chickpeas, and garlic, prepared in true homemade tradition	
DOLMA vg n	9.5
Tender vine leaves, hand-rolled daily and filled with rice, walnuts, hazelnuts, raisins, onions, dried mint, and aromatic spices	
HOT MEZE	
HOUMOUS & LAMB	9.9
Houmous crowned with tender sautéed lamb, gently spiced with papri CHICKEN WINGS	ка <b>9.9</b>
Chargrilled marinated chicken wings	0.0
FALAFEL V9 Classic Middle Eastern patties with chickpeas, beans crisp-fried to	9.5
perfection and served on a bed of creamy houmous	
BOREK V	9.7
Hand-rolled golden and crispy filo pastry triangles, delicately filled with spinach and creamy feta cheese	
SUCUK	9.9
Chargrilled spicy and garlicky beef sausage, served with salad	۰.
HALLOUMI V Chargrilled halloumi cheese, served with salad	9.5
CHEESY MUSHROOM V	9.7
Sautéed mushrooms with finely chopped onions, garlic, and fresh tomatoes, finished with a golden layer of melted cheddar cheese	
MUCVER V	9.9
A cherished Mediterranean favourite - courgette, carrot, and leeks,	
lightly mixed with feta cheese and a hint of garlic, deep-fried until crisp and tender inside	
• Our Choice	
PATLICAN BIBER KIZARTMA V	9.9
Deep-fried aubergines and peppers slow cooked in rich tomato sauce, served with creamy yogurt	
CALAMARI	9.9
Golden-fried calamari rings in a light, crisp batter, served with	
homemade rose-influed sweet and sour sauce	
homemade rose-infused sweet and sour sauce PRAWN SAUTÉ	9.9
PRAWN SAUTÉ Prawns sautéed with tomatoes, leeks, green peppers, and garlic,	9.9
<b>PRAWN SAUTÉ</b> Prawns sautéed with tomatoes, leeks, green peppers, and garlic, finished in a rich double cream sauce	
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PRAWN SAUTÉ Prawns sautéed with tomatoes, leeks, green peppers, and garlic, finished in a rich double cream sauce LAMB MEATBALLS Hand-rolled lamb meatballs, slow-cooked with rich tomato sauce, potatoes, onions, leeks, peppers, and parsley PRAWN SKEWERS Skewered king prawn, deep fried until golden and served with homem	9.9

sweet and sour sauce

MAIN DISHES	
+ HOUSE SPECIALS +	
TAS ISKENDER A house classic since 1999 - Tas classic mixed grilled meats on a bed of seasoned and crispy oven-roasted bread, finished with rich tomato sauce and creamy yogurt	26.5
TAS SPECIAL The pride of our kitchen - slow cooked lamb, gently baked with potatoes, vegetables, and herbs in tomato sauce	23.9
HUNKAR BEGENDI From the Sultan's kitchen to Tas - An Ottoman classic features tender, slow-cooked lamb stew served over a rich, creamy bed of smoked aubergine purée, delicately blended with cheddar cheese	24.9
CHARCOAL GRILLS	
CHICKEN SHISH Skewer of marinated chicken cubes, served with seasonal vegetables and homemade chilli sauce	19.5
<b>CHICKEN THIGH</b> Fillet of marinated chicken thigh, served with seasonal vegetables and homemade chilli sauce	22.5
KOFTE Hand-formed tender lamb mince, blended with special seasoning and Anatolian herbs, served with seasonal vegetables and homemade chilli Add chargrilled puréed auburgine for £3	<b>21.9</b> sauce
LAMB SHISH Skewer of marinated tender lamb cubes, served with seasonal vegetables and homemade chilli sauce	24.5
MIXED GRILL  Marinated chicken and lamb cubes with kofte, served with seasonal vegetables and homemade chilli sauce	25.9
LAMB CHOPS Marinated tender lamb chops, served with seasonal vegetables and homemade chilli sauce	25.9
CASSEROLES & OVEN DISHES	
CHICKEN CASSEROLE Slow-cooked chicken with mushrooms, leeks, onions, tomatoes, garlic, peppers and parsley	19.5
ALMOND CHICKEN n A classic Anatolian dish, where chicken and almonds are combined in a comforting casserole, slowly cooked with bay leaves and seasonal flavor.	
ANATOLIAN LAMB STEW Traditional Anatolian lamb casserole with tomatoes, onions, mushrooms, and peppers - a cherished village recipe	22.5
LAMB MEATBALLS Hand-rolled lamb meatballs, slow-cooked with rich tomato sauce, potatoes, onions, leeks, peppers, and parsley	21.9
MOUSSAKA Classic Tas style Levantine dish with layers of baked aubergine, lamb mince and potatoes, topped with a creamy bechamel sauce	23.9
LAMB SHANK Succulent lamb shank, slow-cooked in a rich tomato sauce with rosemary and bay leaves, served with golden turmeric mashed potatoes and tender broccoli	26.5
PASTA DISHES	

VEGETABLE PASTA WITH TOMATO SAUCE vg

Penne with mixed vegetables, cooked in a rich tomato sauce

Penne with chicken, mushrooms, and fresh tomatoes in a rich

Penne with succulent salmon and fresh tomatoes in a smooth

**CREAMY CHICKEN PASTA** 

double cream sauce

SALMON PASTA

double cream sauce

# **FISH & SEAFOOD DISHES**

PRAWN CASSEROLE Slow-cooked prawns with tomatoes, peppers, leeks, mushrooms, and garlic in an Anatolian white wine – infused sauce, finished with rich double cream	22.5
SALMON STEW Salmon cooked with potatoes, tomatoes, leeks, parsley, bay leaves, basil, onion, double cream in white wine sauce	23.9
GRILLED SALMON Grilled salmon fillet served with golden turmeric mashed potatoes, seasonal vegetables, and a slice of lemon	24.9
GRILLED SEA BASS Sea bass served with baby potatoes seasonal vegetables	24.9

### **VEGETARIAN DISHES**

and lemon (optional pan-fried or grilled)

GRILLED AUBERGINE V	17.9
Cooked with tomatoes and peppers, garlic and onion served	
with couscous and yogurt	

#### ANATOLIAN LEEK STEW V 19.9 Leeks cooked with chickpeas, sun-dried tomatoes, peppers, onions, green lentils and garlic served with couscous and yogurt

HALLOUMI & BROCCOLI SAUTÉ V	19.9
A vibrant sauté of broccoli, halloumi cheese, mushrooms, sun-	
dried tomatoes, green peppers, leeks, and onions	

ANATOLIAN STYLE VEGETABLE STEW v	20.9
Hearty mixed vegetables slow-cooked in a traditional Anatolian	
style, served with couscous and vogurt	

VEGETARIAN MOUSSAKA V	21.5
Layers of aubergines, potatoes, courgettes, mushrooms, onions,	
tomatoes animach garlie and nonpare topped with bechamal squae	

### **SALADS**

Served in a lighter portion, perfect as a side to your meal, or in a generous portion, ideal for sharing or enjoying as a main

AVOCADO GREEN SALAD vg	8.5
A light and refreshing mix of greens, enriched with creamy ripe	
avocado, dressed with dried mint, extra virgin olive oil, fresh lemon juice	∍,
and Tas pomegranate molasses	

Upgrade to a generous portion for £3

SHEPHERD'S SALAD vg A traditional Anatolian salad with freshly chopped tomatoes, cucumber, red onion, and parsley, dressed with extra virgin olive oil, fresh lemon juice, and Tas pomegranate molasses Upgrade to a generous portion for £3

SPINACH SALAD vg n 8.9 Spinach with walnuts, pear and sun-dried tomatoes, brought together by a silky tahini-lemon dressing Upgrade to a generous portion for £3

WALNUT AND TOMATO SALAD vg n 8.9 A colourful salad featuring crushed walnuts, peppers, onions, parsley, and tomatoes, dressed with extra virgin olive oil, fresh lemon juice, and Tas pomegranate molasses Upgrade to a generous portion for £3

#### MEDITERRANEAN SALAD WITH FETA CHEESE v 7.9 A fresh mixed salad with tangy feta, a simple and classic Mediterranean favourite, dressed with extra virgin olive oil, fresh

lemon juice, and Tas pomegranate molasses Upgrade to a generous portion for £3

**CHICKEN SALAD (Main)** 

18.9

19.5

19.9

12.5 Julienne cut sautéed chicken over crisp leaves, finished with parmesan and yogurt & mustard sauce

SALMON SALAD (Main) Delicate salmon and creamy avocado, brightened with a honeymustard vinaigrette

## **SET MENUS**

FALAFEL vg

**RENK** 

225

MEZE MENU	24.9
WILLE WILLIA	per person

(minimum of 2 people)

#### **MEZE TO SHARE**

PRAWN SKEWERS

HOUMOUS vg CALAMARI KISIR vg n BOREK V TABBOULEH vg

SPINACH WITH YOGURT V ZEYTINYAGLI PATLICAN vg CACIK (Tzatziki) v

A vegetarian option is available with DOLMA n vg and CHEESY MUSHROOM v

as replacement

### **VEGAN MEZE MENU**

22.5

#### SELECTION OF MEZE

KISIR n

HOUMOUS ZEYTINYAGLI PATLICAN FALAFEL MUSHROOM SAUTÉ MIXED OLIVES DOLMA n **TABBOULEH** 

### **SAHAN MENU** 2 Course Menu

24.9

per person

#### **CHOICE OF STARTER**

served with homemade Anatolian bread

RED LENTIL SOUP V **HOUMOUS vg** SPINACH WITH YOGURT v TABBOULEH vg MEDITERRANEAN SALAD WITH FETA CHEESE

### **CHOICE OF MAIN COURSE**

**CHICKEN CASSEROLE CHICKEN SHISH** KOFTE **LAMB MEATBALLS VEGETARIAN MOUSSAKA V** ANY CHOICE OF PASTA DISHES

#### **Sides**

12.5

PLAIN RICE v Add mushrooms, almonds or leeks +£1.5	4.9
COUSCOUS vg Fine bulgur wheat mixed with tomatoes, onions and pepper	4.9
CHIPS vg	4.9
SPICED BABY POTATOES vg	4.9
STEAMED BROCCOLI vg	5.2

V Vegetarian VQ Vegans n Contains Nuts





All our food is prepared in a kitchen where nuts, gluten and other allergens may be present and our menu descriptions do not include all ingredients. Please inform your server if you have any allergies or special dietary requirements. All prices in pound sterling. A discretionary service charge of 13,5% will be added to your bill. VAT included.